

Social Services Resource Directory

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The Resource Directory was compiled by the library's Social Work Interns. The library and its interns provide information and referral services only. Usage of the Resource Directory does not establish a client/social worker relationship. Social Work Interns can not become a personal social worker.

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I. Hot Meals

Downers Grove Community Kitchen

1101 Curtiss St.
Downers Grove, IL 60516
630-935-6166

Contact: Mary Dove, marykdove@gmail.com

Hours: Daily, 8 a.m. – 9 a.m., 5:30 p.m. – 6:30 p.m.

Note: Hot meals served are provided by a variety of churches within Downers Grove.

Eligibility: Anyone

Calvary United Methodist Church of Villa Park Community Kitchen

136 East Highland Avenue
Villa Park, IL 60181
630-530-8200

Hours: 3rd Thursday of the month, 5:30 – 8:30 p.m., Drive-Through

Eligibility: The Villa Park community and surrounding areas.



2. Food Pantries

Addison Township Food Pantry¹

50 E. Oak Street
Addison, IL 60101
630-530-8161

Hours: Tuesday and Wednesday, 9:30 a.m. – 11 a.m.

Eligibility: All Addison Township residents

Notes: Residents may receive food twice a month unless there is an emergency need.

Anne M. Jeans Elementary School²

16W631 91st St,
Willowbrook, IL 60527
630-323-2500 ext. 100

Hours: Wednesday, 4:30 p.m. – 5:30 p.m. in Anne M. Jeans school gym, enter door 19

Eligibility: Serves families who attend Hinsdale Township High School district or any of its 23 feeder elementary and middle schools including: Anne M. Jeans and Burr Ridge Middle School.

Christian Church of Villa Park Disciples Food Pantry³

1336 South Villa Avenue
Villa Park, IL 60181
630-512-9921

Hours: Wednesday 9:30 – 11:30 a.m., drive-through

Eligibility: DuPage Residents

Christian Worship Center Manna House⁴

1330 63rd Street,
Downers Grove, IL 60516
630-487-5639

Hours: Third Saturday of the Month at 9 a.m.

1 addisontownship.com/food-pantry

2 ccsd180.org/vnews/display.v/ART/59e9092eb5b84

3 ccvponline.net/disciples-food-pantry

4 cwclife.com/about/missions

Elmhurst York Field Food Pantry⁵

1083 S York Road
Elmhurst, IL 60126
630-782-1066

Hours: Monday 6:30 p.m. – 8:30 p.m.
Thursday 1 p.m. – 4 p.m., 6:30 p.m. – 8 p.m.
Saturday 9:30 a.m. – 12:30 p.m.

Eligibility: Residents of Elmhurst, Bensenville, Addison, Lombard, Villa Park, Hinsdale, Berkeley, and Oak Brook. Need a photo ID and proof of residency at time of service. Can register online.

Faith Community United Church of Christ⁶

192 S. Center Street
Bensenville, IL 60106
630-834-2783

Hours: Wednesday & Saturday. 8:30 a.m. – 11 a.m.

Eligibility: Serves individuals and families located in Bensenville and Wood Dale

FISH Food Pantry⁷

4341 Saratoga Avenue
Downers Grove, IL 60515
630-964-7776

Hours: Tuesday 4 p.m. – 6 p.m.
Friday 8:30 a.m. – 11:30 a.m.

Eligibility: Serves families and individuals from Darien, Downers Grove, Lisle, Westmont, and Woodridge.

Glen Ellyn Food Pantry Inc.⁸

493 Forest Avenue
Glen Ellyn, IL 60137
630-469-8668

Hours: Walk-Ins: Monday – Thursday 11:30 a.m. – 12:30 p.m.,
Tuesday 5:30 p.m. – 6:30 p.m.
By appointment: Monday – Thursday 1 p.m. – 3 p.m., Tuesday 5 p.m. – 6:30 p.m.

Eligibility: Must be a resident of Glen Ellyn, Lombard, Carol Stream, Wheaton, Lisle, Glendale Heights, Bloomingdale, or Addison. Eligible patrons can use pantry once a month up to seven times per calendar year. Bring a photo ID and piece of mail with your current address.

5 eyfp.org/become-a-client

6 faithcommunityucc.com/food-pantry/

7 downersgrovefish.org/

8 glenellynfoodpantry.org/need-help-today/

Hands of Hope⁹

5700 Bartels Road
Hanover Park, IL 60103
630-671-1570

Hours: Tuesday 3 p.m. – 6 p.m.

Services: No cost - Free produce, meat, dairy, shelf items, paper products and more (items and quantities vary weekly)

Eligibility: No appointment needed, no discrimination, immigrants are welcome.

HCS Family Services Food Pantry¹⁰

19 E. Chicago Avenue
Hinsdale, IL 60521
630-323-2500 ext. 100

Hours: Monday 3 p.m. – 4 p.m.

Friday 3:30 p.m. – 4:30 p.m.

Eligibility: Serves families in Hinsdale and Willowbrook

Humanitarian Service Project¹¹

465 Randy Road
Carol Stream, IL 60188
630-221-8340

Hours: Sunday – Friday 8 a.m. – 5:30 p.m.

Notes: Groceries may be delivered to elderly and children (ages 3-11) once a month in Kane and DuPage counties.

Immanuel Lutheran Church¹²

5211 Carpenter Street
Downers Grove, IL 60515
630-968-3112

Hours: Tuesday: Noon – 2 p.m.

Thursday: 10 a.m. – Noon

Services: “Drive-up” food pantry (by foot or car) offers one bag per customer.

9 evangelchurch.cc/hands-of-hope

10 hcsfamilyservices.org/get-help/food-pantries/

11 hsp.agency/whatwedo/index.html

12 ilcdg.org/

Interfaith Pantry at the Outreach Center¹³

345 S. President Street
Carol Stream, IL 60188
630-666-6426

Hours: Monday, Wednesday 9 a.m. – Noon
Tuesday, Thursday. Noon – 3 p.m.

Eligibility: Residents of Carol Stream, Glen Ellyn, Glendale Heights, Warrenville, Wheaton, and Winfield.

Notes: Must show current photo ID for proof of residency.

Lisle Township Food Pantry¹⁴

4711 Indiana Avenue
Lisle, IL 60532
630-671-1570

Hours: Monday 8:30 a.m. – 10:30 a.m., 2 p.m. – 4 p.m.
Wednesday 8:30 a.m. – 10:30 a.m., 2 p.m. – 4 p.m.
Friday 8:30 a.m. – 10:30 a.m., 2 p.m. – 4 p.m.

Eligibility: Must be a Lisle Township resident.

Loaves and Fishes (Bolingbrook)¹⁵

151 E. Briarcliff Road
Bolingbrook, IL 60440
630-355-3663

Hours: Wednesday 4 p.m. – 6 p.m.

Eligibility: Must be a resident of Naperville and DuPage Counties: zip codes 60440, 60490, 60446

Loaves and Fishes (Naperville)¹⁶

1871 High Grove Lane
Naperville, IL 60540
630-355-3663 ext. 155

Hours: Tuesday 9 a.m. – 3 p.m.
Wednesday 9 a.m. – 3 p.m.
Thursday 9 a.m. – 3 p.m., 5 p.m. – 7 p.m.
Saturday 8 a.m. – Noon

Eligibility: Must be a resident of Naperville and DuPage Counties: zip codes 60440, 60490, 60446

13 gardenworksproject.org/interfaith_food_pantry_outreach_center_carol_stream

14 lisletownship.com/food-pantry/

15 loaves-fishes.org/programs/food-nutrition/

16 loaves-fishes.org/programs/food-nutrition/

Lombard/Villa Park Food Pantry¹⁷

155 S. Main Street
Lombard, IL 60148
630-627-2508

Hours: Monday: 9 a.m. – 11:45 a.m.
Wednesday: 9 a.m. – 11:45 a.m., 5 – 7 p.m.
Friday: 9 a.m. – 11:45 a.m.
Third Saturday of the month: 9 a.m. – 11:45 a.m.

Eligibility: Residents of Lombard, Villa Park, or Oak Brook Terrace. Must have a valid photo ID. Check the Facebook page for updates.

Lutheran Church of the Master¹⁸

580 Kuhn Road
Carol Stream, IL 60188
630-665-5188

Hours: Monday 12:30 p.m. – 3:15 p.m.
Tuesday – Thursday 10 a.m. – 12:45 p.m.

Eligibility: Bloomingdale Township residents. These include the entire Village of Bloomingdale and portions of the Villages of Addison, Carol Stream, Glendale Heights, Hanover Park, Itasca, and Roselle.

Our Lady of Mt. Carmel¹⁹

8404 S. Cass Avenue
Darien, IL 60561
630-852-3303

Hours: Tuesday 1 p.m. – 3 p.m.
Friday 1 p.m. – 3 p.m.

Eligibility: Must be a resident of Downers Grove, Willowbrook, Burr Ridge, Lemont, Darien, Westmont, Hinsdale, or unincorporated Clarendon Hills.

Our Lady of Peace Pantry²⁰

701 Plainfield Road
Darien, IL 60561
630-323-5409

Hours: Wednesday 9:30 a.m. – 11 a.m.

Eligibility: Serves Darien and Willowbrook residents, must bring photo identification and proof of residence.

17 <https://firstumclombard.org/food-pantry/>

18 <https://lcotm.org/ministries/food-pantry/>

19 <https://www.ourladyofmtcarmel.org/>

20 <https://olopdarien.org/parish-life-volunteer/>

People's Resource Center (Westmont)²¹

104 Chestnut Ave
Westmont, IL 60559
630-682-5402

Hours: Tuesday: 9 a.m. – 11 a.m.
Wednesday: 9 a.m. – 11 a.m.
Thursday: 5 p.m. – 7:30 p.m.
Saturday: 9 a.m. – 11 a.m.

Eligibility: Dupage County Residents, required to register as a People’s Resources client to receive services. Register during Pantry hours.

People's Resource Center (Wheaton)²²

201 South Naperville Road
Wheaton, IL 60187
630-682-5402

Hours: Tuesday: 9 a.m. – 11 a.m.
Wednesday: 5 p.m. – 7:30 p.m.
Thursday: 9 a.m. – 11 a.m.
Saturday: 9 a.m. – 11 a.m.

Eligibility: Dupage County Residents, required to register as a People’s Resources client to receive services. Register during Pantry hours.

Saint Joseph Parish²³

4824 Highland Avenue
Downers Grove, IL 60515
630-964-0216

Hours: Thursday 8:15 a.m. – 10:30 a.m.

Eligibility: Bring utility bill and ID. Serves Downers Grove and Woodridge east of I-355

Saint Vincent De Paul Society, St. Mary’s of Gosytn²⁴

444 Wilson Street
Downers Grove, IL 60515
630-830-9888

Hours: Wednesday 8 a.m. – 11 a.m.

Eligibility: Downers Grove residents and parish members.

21 peoplesrc.org/food-pantry

22 peoplesrc.org/food-pantry

23 stjosephdg.org/events/st-vincent-de-paul-weekly-food-pantry

24 stmarygostyn.org/blog/dbd-ministries/st-vincent-de-paul/

Saint Vincent De Paul Society, St. Pius X Catholic Church²⁵

1025 E Madison Street
Lombard, IL 60148
630-627-4526

Hours: Monday 9:30 a.m. – 11:30 a.m.
Friday 9:30 a.m. – 11:30 a.m.

Eligibility: Must be a resident of DuPage County.

Share Food Share Love Food Pantry²⁶

3801 Madison Avenue
Brookfield, IL 60513
630-347-5360

Hours: Tuesday 7 – 9 p.m.
Saturday 10 a.m. – Noon

Eligibility: Residents of Brookfield, LaGrange Park, Hodgkins, Lyons, McCook, North Riverside, and Riverside.

Notes: Must bring proof of residency and bags or boxes to help carry food. Clients may come once a month.

Volunteer Council of Bloomingdale Township²⁷

123 N. Rosedale Road
Bloomingdale, IL 60108
630-529-9993

Hours: Open Pantry: Wednesday & Friday. 9 a.m. – 11 a.m.
By Appt.: Monday & Friday 9 a.m. – 2 p.m.

Eligibility: Bloomingdale Township residents only.

25 stpiuslombard.org/stewardship/other-ways-to-give-support/

26 sharefoodsharelove.com/

27 bloomingdaletownship.com/services/general-assistance-department

West Suburban Community Pantry²⁸

6809 Hobson Valley Drive #118
Woodridge, IL 60517
630-512-9921

Hours: Monday 10 a.m – Noon, milk, bread, eggs and produce only
Tuesday 8:30 a.m – 2:30 p.m.
Thursday 8:30 a.m. – 2:30 p.m. & 5:30 p.m. – 7:30 p.m.
Saturday 8:30 – 11:30 a.m.

Eligibility: Must be a resident of DuPage County (Bolingbrook and Romeoville included) and meet federal income guidelines. Guidelines are issued annually and vary due to individuals in household.

Notes: Bring a photo ID (drivers license or state ID) and proof of residency (current utility bill or piece of mail postmarked in the last 60 days). Bring bags or boxes to help carry food.

York Township²⁹

1502 S Meyers Road
Lombard, IL 60148
630-627-4526

Hours: Monday – Friday 8 a.m. – 9 a.m for seniors only
Monday – Friday 9 a.m. – 11 a.m.

Eligibility: Must be a resident of DuPage County.

28 wscpantry.org/programs-and-resources/

29 yorktwsp.com/York_main/content_supervisor.asp?file=FoodPantry

3. Housing Resources

360 Youth Services³⁰

1305 Oswego Rd
Naperville, IL 60540
630-961-2992 ext. 1165

Hours: Monday-Friday 9 a.m. – 5 p.m.

Services: Offers substance use prevention education, counseling, and housing to young adults ages 18-24 who were previously homeless and youths ages 13-17 that cannot live with their families. All programs are LGBTQ+ affirming and counseling services are offered at a sliding scale fee with each youth and family.

Bridge Communities³¹

505 Crescent Blvd,
Glen Ellyn, IL 60137
630-545-0610 ext. 20

Hours: Monday-Friday 9 a.m. – 5 p.m.

Services: Provides a holistic program of services that provide the necessary elements to create permanent change in the lives of homeless families in DuPage County.

Eligibility: Be homeless or at-risk, have a connection to DuPage County, be an adult(s) over the age of 21 with one or more child(ren) under the age of 18, have a valid driver's license by time of program entry, pass criminal background check and secure income by time of program entry. Call to apply.

30 <https://360youthservices.org/get-help/>

31 <https://www.bridgecommunities.org/What-we-do/Programs-Services.html>

**Catholic Charities Diocese of Joliet-
Supportive Service For Veteran Families (SSVF)**³²

3130 Finley Rd Drive #4842
Downers Grove, IL 60515
General phone number: 630-495-8008
Case Manager: 815-774-4663 x 3130

Hours: Monday – Friday 8:30 a.m. – Noon; 1 p.m. – 4:30p.m.

Services: A rapid rehousing/homeless prevention program that assists eligible veterans who are literally homeless or imminently at risk of homelessness by helping them to stabilize their housing situations.

Eligibility: Active duty veteran or National Guard/Reserve Veteran with active duty time outside of a training environment, discharge status above a dishonorable discharge, and income at or below 50% of the Area Median Income for the County in which you reside. Must reside in Will, DuPage, Kendall, Grundy, Kankakee, or Iroquois Counties.

Single individuals or households are welcome.

Catholic Charities Diocese of Joliet – Daybreak Center³³

611 E. Cass Street
Joliet, IL 60432
815-774-4663

Services: 24-hours a day, 365 days a year and provides emergency housing, and supportive services to individuals and families who are homeless. They offer comprehensive case management, coordination and assisted access of community resources, educational assessments, services and assistance enrolling in educational classes (GED and ESL – English as a second language), employment assessments, programs and access to employment search office equipment, healthy living workshops, group support meetings and referrals.

Open at reduced capacity due to the pandemic.

32 <https://catholiccharitiesjoliet.org/supportive-services-for-veteran-families-ssvf-2/>

33 <https://catholiccharitiesjoliet.org/daybreak-center/>

DuPage County Community Services – Housing and Self Sufficiency³⁴

Jack T. Knuepfer Administration Building
421 N County farm Rd
Wheaton, IL 60187
630-407-6500 or
800-942-9412

Hours: Monday – Friday 8a.m.-4p.m.

Case Management: Provides long and short-term Case Management and limited housing assistance to prevent and end homelessness when funding is available. Head of household must be 59 years of age or younger. Client must sign an agreement to participate and work toward goals.

Housing Assistance: Stabilize individuals and families in their existing homes, shorten the amount of time families and individuals stay in shelter, and assist individuals and families with securing affordable housing. Eligibility listed online.

DuPage PADS³⁵

703 West Liberty Dr
Wheaton, IL 60187
Main number: 630-682-3846
Street outreach: 866-682-3846 x2275

Client Service Hours: Monday- Wednesday 7:30 a.m. – 3 p.m.
Thursday 7:30 a.m. – 1 p.m.
Friday 7:30 a.m. – 3 p.m.

Services: Interim overnight housing, client service center, career solutions employment program, supportive housing, community partnerships, support congregations, success stories

Eligibility: Individuals experiencing homelessness.

Hesed House³⁶

659 S. River Street
Aurora, IL 60506
630-897-2156
Emergency Assistance

Administrative Hours: Monday – Friday 9 a.m. – 5 p.m.

Services: Housing Assistance, Employment, and Counseling

Eligibility: Homeless, Unemployed, and in need of Counseling Assistance.

34 <https://www.dupagecounty.gov/housingselfsufficiency/>

35 <https://dupagepads.org/>

36 <https://www.hesedhouse.org/>

Hope Fair Housing Center³⁷

202 W Willow Ave
Wheaton, IL 60187
630-690-6500

Hours: Monday – Friday 9 a.m. – 5p.m.

Services: Identify signs of housing discrimination and provide resources and education about housing rights and options.

Eligibility: Serving DuPage, Kane, & parts of Cook County as well as 28 other counties in Northern and North Central IL. If you live in or are looking for a home outside of service area and need any type of assistance or info about Hope Fair Housing Center, this center may still be able to refer to a partner fair housing organization that does serve the geography where one is living/ searching to live.

Metropolitan Family Services – Family Shelter Service (FFS or MSFD)³⁸

605 E Roosevelt,
Wheaton, IL 60187
24/7 Hotline: 630-469-5650

Walk-in hours (Spanish and English):

Tuesdays: 12 – 2 p.m.

Thursdays: 12 – 2 p.m. & 6 – 8 p.m.

Call 630-469-5650 for details

For individuals and families fleeing a domestic violence situation needing emergency shelter (Domestic Violence Shelter).

Services: 24/7 Hotline, Emergency Shelter, Court Services, Children and Family Services, Adult Services, Community-Based Services, and Prevention Services.

37 <https://hopefair.org/>

38 <https://www.metrofamily.org/fsofmsfd/>

Midwest Shelter for Homeless Veterans³⁹

433 S Carlton Ave
Wheaton, IL 60187
630-871-8387

Hours: Monday – Friday 8a.m. – 4:30p.m.

Services: Transitional housing, affordable housing, permanent supportive housing, supporting services, support services for veteran families, veterans employment program, and freedom commissary

Eligibility for Shelter: At least one day of active duty service, greater than dishonorable military discharge, no convictions for violent crimes within the last 5 years and no convictions of sex related crimes. Admission is not contingent on having a period of abstinence from drugs and/or alcohol prior to enrollment

Eligibility for Affordable Housing: Veterans must meet income guidelines, have stable employment or income to pay rent and agree to maintain a sober lifestyle while a resident.

39 <https://www.helpaveteran.org/>



4. Employment Resources

Career Services College of DuPage⁴⁰

425 Fawell Blvd
Glen Ellyn, IL 60137
Student Services Center, Rm 3258
630-942-2230

Services: Career services staff members can help job seekers assess interests, skills, values and needs to prepare for marketable careers as well as write resumes and other job search documents, develop interview techniques and more. Can also help employers with recruiting efforts by providing: online career link that connects employers with students and on campus interviewing services.

Eligibility: Available to COD students, alumni and community members.

Career & Networking Center⁴¹

1815 W. Diehl Rd. #900
Naperville, IL 60563
630-961-5665

Hours: Monday – Thursday 9 a.m. – 3 p.m.
Monday, Thursday 8 a.m. *Virtual Orientation
Friday, Saturday 9 a.m. – Noon

Services: Workshops, Coaching, Resume Review, Networking, & Interview Practice.

Eligibility: Must have an active paid membership to use the services.

Goodwill Workforce Connection Center⁴²

351 E Roosevelt Road
Lombard, IL 60148
630-576-4660

Hours: Monday – Friday 9 a.m. – 5 p.m.

Services: Career exploration tools, job finding assistance, resume and cover letter assistance, job postings, interviewing skills, computer and internet access. Presentations on job readiness skills training including career self-assessment, resume writing, interview skills building and more are held on their facebook page .

Eligibility: Must be 16 years or older to receive services.

40 cod.edu/careerservices

41 careernetworkingcenter.org/

42 goodwillchicago.com/help-for-employers/workforce-connection-centers

Hopes Front Door⁴³

1047 Curtiss Street
Downers Grove, IL 60515
630-322-9803

Hours: Monday, Wednesday, Thursday, Friday 10 a.m. – Noon

Eligibility: Residents of Darien, Downers Grove, Lisle, Westmont, Willowbrook & Woodridge in need of immediate assistance and help in searching for continued assistance. All clients must call Hope's Front Door (630-322-9803) to complete a phone intake process before coming to HFD to receive vouchers.

Modified services: Gas Vouchers, bus and train vouchers, prescription and medical supply assistance as well as prepackaged toiletry items, feminine hygiene products and diapers are still available. Pathways to Financial Health, Pathways to Employment, dental and vision assistance and workshops, will remain temporarily suspended due to Covid.

Illinois Division of Rehabilitation Services (DRS)⁴⁴

2901 Finley Rd. #109
Downers Grove IL, 60515
630-495-0500

Hours: Monday 8:30a.m.-5p.m. ONLY REMOTE STAFF AVAILABLE

Services: DRS works with people with disabilities and their families to achieve full community participation through employment, education, and independent living opportunities.

Eligibility: Serves individuals with disabilities.

Midwest Shelter for Homeless Veterans - Veteran Employment Program⁴⁵

433 South Carlton Ave.,
Wheaton, IL 60187
630-871-8387 ext. 603

Hours: Monday – Friday 8a.m. – 4:30p.m.

Services: Provides veterans with the tools and resources they need to overcome employment barriers, including comprehensive individualized assessment, resume and job readiness development, vocational counseling, and job placement assistance. Contact Joshua Taylor at 630-871-8387 x603 for more information on this program.

Eligibility: Must be a veteran and must have one day of active duty service and a greater than dishonorable discharge.

43 <http://www.hopesfrontdoor.com/>

44 <https://www.dhs.state.il.us/page.aspx?item=29736>

45 <https://www.helpaveteran.org/>

NAMI DuPage - Supported Employment Services⁴⁶

115 N County Farm Rd
Wheaton, IL 60187
630-752-0066

Services provided online and held via Zoom, register online. NAMI DuPage provides services for individuals living with a mental illness diagnosis living in Dupage County.

People's Resource Center⁴⁷

201 S Naperville Road
Wheaton, IL 60187
630-682-5402

Hours: Monday – Thursday 8a.m. – 9p.m.
Fri: 8a.m. – 4p.m.
Saturday 8a.m. – noon
Monday – Friday Closed daily from noon – 12:30p.m.

Services: Workshops, one on one coaching, resume/ cover letter writing, finding job leads, food pantry, emergency rents, mortgage assistance, clothes closet, financial assistance, social services, adult learning and library, art program, computers and additional community resources. All Job Assistance services are currently held virtually

Eligibility: Must be a PRC Client

Ray Graham Association⁴⁸

901 Warrenville Rd. Suite #500
Lisle, IL 60532
630-620-2222

Services: Employment Services like assisting clients in finding job offers, interview training, resume writing, and learning to dress for success. Also work on life skills with training on how to navigate public transportation and searching for support while at work.

Eligibility: Must be living with a disability, call for more information.

46 <https://namidupage.org/services-and-support/job-readiness/>

47 <https://www.peoplesrc.org/>

48 <https://www.raygraham.org/>

West Suburban Community Pantry⁴⁹

6809 Hobson Valley Dr. Suite #118
Woodridge, IL 60517
630-512-9921

Hours: Monday: 10 a.m. – Noon
Tuesday: 8:30 a.m. – 2:30 p.m.
Thursday: 8:30 a.m.– 2:30 p.m.; 5:30 p.m. – 7:30 p.m.
Saturday: 8:30 a.m. – 11:30 a.m.

Services: Hold classes and workshops on job readiness and life skills, identifying career options and gaining stability through employment.

Eligibility: Must be a West Suburban Community Pantry client to receive these services.

World Relief DuPage⁵⁰

191 S. Gary Ave. #130
Carol Stream, IL 60188
630-462-7566

Hours: Monday, Tuesday, Thursday, & Friday: 8:30 a.m. – 5 p.m.
Wednesday: 8:30 a.m. – Noon

Services: Help rehouse refugee and immigrant families and help integrate them into the community and workforce. World relief has different career opportunities, as well as volunteer and internship opportunities.

WorkNet DuPage Career Center⁵¹

2525 Cabot Drive, Suite 302
Lisle, IL 60532
630-955-2030

Hours: Monday – Friday 8 a.m.- 4:30 p.m.

Services: Job search workshops, resource center, job leads, career counseling, assists with funding certifications; a focus on veterans, job seekers with disabilities, and laid off workers

Eligibility: Call or visit website to complete an intake form online to find out what WorkNet services you are eligible to receive.

49 <https://wspantry.org/>

50 <https://worldrelief.org/chicagoland/>

51 <https://worknetdupage.org/>

5. Bill Assistance

Illinois Court-Based Rental Assistance Program ("CBRAP")⁵²

Illinois Housing Development Authority
866-454-3571

Apply online, applications are now being accepted

Eligibility: DuPage County residents who are behind on their rent payments due to the COVID-19 pandemic. Both tenants and landlords must provide documents and proof of income and need listed on the website.

Applicants are eligible for up to 12 months of assistance. The grant can cover the past due rent from the previous 12 months and future rental assistance for the next three months, if deemed necessary. The maximum grant amount is \$25,000. If accepted the landlord/housing provider will receive the grant funds in the form of a check.

Illinois Home Weatherization Assistance Program (IHWAP)⁵³

DuPage County Department of Community Services
421 North County Farm Road
Wheaton, IL 60187
630-407-6500

Hours: Monday – Friday 8 a.m. – 4:30 p.m.

Eligibility: Must be a DuPage County resident, income must not exceed 200% of federal poverty level. Households that qualify for the following programs are automatically eligible: Low Income Home Energy Assistance Program (LIHEAP); Supplemental Security Income (SSI); Aid to the Aged, Blind, & Disabled (AABD); Temporary Assistance to Needy Families (TANF)

Notes: Offers energy efficiency upgrades and whole-house energy audit.

Low Income Home Energy Assistance Program (LIHEAP)⁵⁴

DuPage County Department of Community Services
421 North County Farm Road
Wheaton, IL 60187
630-407-6500

Hours: Monday – Friday 8 a.m. – 4:30 p.m.

Eligibility: Low-income households with disconnected utilities or utilities in danger of disconnection, homeowners with unsafe or broken furnaces

Notes: Assists single-home and apartment households with utility bills

52 ilrpp.ihda.org/

53 dupagecounty.gov/weatherization/

54 dupagecounty.gov/LIHEAP/

Love Christian Clearing House⁵⁵

312 Park Ave #50,
Clarendon Hills, IL 60514
630-512-8665

Call-in Hours: Mondays: 9:30 – 11:30 AM and 1:30 – 3:30 PM
Tuesdays: 9:30 – 11:30 AM
Wednesdays: 9:30 – 11:30 AM and 1:30 – 3:30 PM
Fridays: 9:30 – 11:30 AM

Services: Call-in Center that provides information about community resources such as local food pantries, shelter locations, transportation options, child care facilities, budget counseling options, employment opportunities, job skills training and financial assistance including rental assistance, car repair and utility coverage. Must complete an interview prior to receiving services.

Eligibility: Must live in DuPage County

Nicor Gas Sharing Program⁵⁶

Downers Grove Township (Salvation Army Service Extension)
4340 Prince Street,
Downers Grove
630-719-6614

Eligibility: Total household income must fall between 201% and 300% of the Federal poverty level in the last 30-day period and are in a current crisis situation. You must have a zip code of 60515 or 60516 to use this service.

SafeLink Wireless⁵⁷

1-800-SafeLink (723-3546)

Hours For Enrollments and Plan Changes: Monday – Saturday 8 a.m. – 10 p.m. EST
Sunday 8 a.m. – 7 p.m. EST

Service: A government program providing one prepaid cell phone service per eligible household

Eligibility: Household income that is at or below 135% of the federal Poverty Guidelines or the participation of a governmental assistance program.

55 love-cc.org/Call-in-Center

56 centralusa.salvationarmy.org/metro/referral-desk/

57 safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html#!/newHome

6. Caregiver Resources

Alzheimer's Association⁵⁸

225 N. Michigan Ave. Floor 17
Chicago, IL 60601
24/7 Hotline: 800-272-3900

Services: Online tools, education materials, support groups and a 24/7 helpline for individuals living with dementia and their family members. All programs are currently held remotely via ZOOM.

DuPage County Senior Services - Family Caregiver Resource Center⁵⁹

Jack T. Knuepfer Administration Building
421 N. County Farm Road
Wheaton, IL 60187
630-407-6500 or
800-942-9412

Services: Online resource center that offers programs and resources for both the client and caregiver to help keep the resident safe in their home including assessment screening, financial assistance and community resources.

Esse Adult Day Services - Caregiver's Support Group⁶⁰

St. Paul Lutheran Church
515 S. Wheaton Ave.
Wheaton, IL 60187
(use the east entrance)
Phone for reservations: 630-260-3773

Services: Caregiver support group meets on the 3rd Thursday of every month, from 3 – 4:30 pm. Anybody in the community can attend, call to reserve a spot.

58 alz.org/illinois?set=1

59 dupagecounty.gov/caregiver

60 esseadultdaycare.org/other-services-we-offer.html

Metropolitan Family Services⁶¹

222 E. Willow Ave.

Wheaton, IL

Phone: 630-784-4800

Respite Program phone number: 630-784-4875

Services: Family caregiver support group and an In-Home Senior Respite program to help provide families with a scheduled break from caring for their family member.

VA Caregiver Support Program- Program of General Caregiver Support Services (PGCSS)⁶²

VA's Caregiver Support Line: 855-260-3274

Services: Provides skills training, mobile support, one-on-one coaching, group support and coaching, respite care and referrals to caregivers of a Veteran enrolled in VA health care. Must enroll for the CSP to receive these services.

Enrollment information: Reach out to the facility [CSP Team/Caregivers Support Coordinator](#)⁶³ or request a referral from the Veteran's provider and complete an intake with the facility.

61 metrofamily.org/community-centers/dupage/programs-and-services

62 caregiver.va.gov/Care_Caregivers.asp

63 caregiver.va.gov/support/New_CSC_Page.asp#Illinois

7. Clothing/Furniture Resources

CityView Community Church⁶⁴

The Clothes Closet
343 S York Rd,
Elmhurst, IL 60126
630-854-8006

Hours: First Saturday of the month 10 a.m. – 2 p.m

Goodwill Store & Donation Center⁶⁵

110 Ogden Ave,
Downers Grove, IL 60515
630-964-1343

Hours: Monday – Sunday 9 a.m. – 7 p.m.

St. Vincent De Paul Society Thrift Store

90 W Lake St
Addison, IL 60101

Hours: Monday – Friday: 9 a.m. – 8 p.m.
Saturday: 9 a.m. – 5:30 p.m.
Sunday: Noon – 5 p.m.

Sharing Connections⁶⁶

5111 Chase Ave,
Downers Grove, IL 60515
630-971-0565

Hours: Monday – Friday: 9 a.m. – 3 p.m.
Saturday: 9 a.m. – Noon

Services: Collects gently used furniture donations for families in need. Clients must have a professional referral by a licensed social worker, counselor, or approved caseworker, and eligibility requirements must be met.

64 cityviewcc.net/cityviewserves

65 amazinggoodwill.com

66 www.sharingconnections.org



8. Disability Resources

Application for Benefits Eligibility⁶⁷

Helpline: 1-800-843-6154
1-866-324-5553 TTY

Services: Assess the level of need and eligibility for several programs: food, healthcare, medicare, cash assistance, and support programs. Many sites and programs use this site to assess the needs of clients.

Illinois Division of Rehabilitation Services (DRS)⁶⁸

2901 Finley Rd. #109
Downers Grove IL, 60515
630-495-0500

Hours: Monday 8:30a.m.-5p.m. ONLY REMOTE STAFF AVAILABLE

Services: DRS works with people with disabilities and their families to achieve full community participation through employment, education, and independent living opportunities.

Eligibility: Serves individuals with disabilities.

Lester and Rosalie Anixter Center⁶⁹

6610 N Clark St
Chicago, IL. 60626
TTY Hotline: 773-248-9174

Services: Offer a variety of services for people living with a disability, behavioral health needs, and/or are deaf/deafblind/hard of hearing. Services include daily activities, residential services, and employment opportunities.

67 abe.illinois.gov/abe/access

68 dhs.state.il.us/page.aspx?item=29736

69 anixter.org

Pearson Disability Law, LLC⁷⁰

1431 Opus Place, Suite 110
Downers Grove, IL 60515
630-796-4594

Services: Include helping individuals who are unable to work gain approval for Social Security Disability benefits at every stage of application even after a denied application. Also offer clarification on Social Security Benefit types and what qualifies an individual for disability aid.

Service area: Serve clients throughout Illinois including Peoria, Springfield, Decatur, Joliet, Wheaton, Rockford, Waukegan, Crystal Lake, McHenry County, Cook County, DuPage County, Will County, Kendall County, Kane County, Whiteside County, Lee County and DeKalb County. Call for a free consultation.

Ray Graham Association⁷¹

901 Warrenville Rd. Suite #500
Lisle, IL 60532
630-620-2222

Services: Employment Services like assisting clients in finding job offers, interview training, resume writing, and learning to dress for success. Also work on life skills with training on how to navigate public transportation and searching for support while at work.

Eligibility: Must be living with a disability, call for more information.

SEASPAR - Special Recreation Association⁷²

4500 Belmont Road
Downers Grove, IL 60515
630-960-7600
TDD: 630-960-7605

Hours: Monday – Friday 8:30 a.m. – 4:30 p.m.

Services: Offers a variety of therapeutic recreation programs and services for all ages and all disabilities. These include weekly programs, special events, day camps, Special Olympics training, adapted sports, the Wonders Multi-Sensory Room, cooperative programs, inclusion services, and more.

Service area: Includes the park districts of Clarendon Hills, Darien, Downers Grove, La Grange, La Grange Park, Lemont, Lisle, Westmont, and Woodridge, and the villages of Brookfield, Indian Head Park, and Western Springs. Anyone residing in those incorporated entities may participate in our programs. Residents of unincorporated areas may also participate in our programs at a non-resident fee.

70 disabilitylawyerschicago.com/about-firm

71 raygraham.org

72 seaspar.org/program-information/

Special Needs Chicago Inc., Transportation Services⁷³

630-668-9999

Hours: Daily Midnight – 11:30 p.m.

Eligibility: Must be a senior citizen or a person with disabilities.

73 specialneedschicago.org/home



9. Domestic Violence/Sexual Assault Survivors' Resources

Rape Crisis Hotline⁷⁴

Chicago Metropolitan Area: 888-293-2080

DuPage County: 630-971-3927

South Suburbs: 708-748-5672

All Lines are 24/7. Provides survivors of sexual violence and their significant others immediate support, crisis intervention, and referrals for the city of Chicago and surrounding suburbs. The volunteers and staff at the hotline have received extensive training in sexual assault crisis intervention. The Chicago Rape Crisis Hotline is also the Rape, Abuse, and Incest National Network (RAINN) affiliate for the city of Chicago.

Domestic Violence Agencies

Anew: Building Beyond Violence and Abuse⁷⁵

18137 Harwood Ave

Homewood, IL 60430

Phone: 708-794-2140

Hotline: 708-335-3028

Hours: Monday-Friday 9 a.m. – 4 p.m.

Services: Offers a 24/7 hotline, emergency shelter, transitional housing, counseling, court advocacy, community education, domestic violence advocacy and abuser intervention. All services except the abuser intervention are free and confidential. The abuser intervention services are offered on a sliding scale rate. *Typically serve Cook County but will serve any person in need if they can make it there*

74 ywcachicago.org

75 anewdv.org/get-help

Family Shelter Service of Metropolitan Family Services⁷⁶

605 E Roosevelt Rd
Wheaton, IL
630-221-8290

Hotline: 630-469-5650

Walk-in hours (spanish and english): Tuesdays: 12 – 2 p.m.

Thursdays: 12 – 2 p.m. & 6-8 p.m.

Call 630-469-5650 for details on shelter

For individuals and families fleeing a domestic violence situation needing emergency shelter (Domestic Violence Shelter).

Services: 24/7 Hotline, Emergency Shelter, Court Services, Children and Family Services, Adult Services, Community-Based Services, and Prevention Services.

Mujeres Latinas En Accion⁷⁷

Chicago, IL 60608

TTY Hotline: 312-226-3350

Hotline: 312-738-5358

Services: Offers a 24/7 hotline, individual and group counseling to everyone. *Adult and child therapy, court advocacy, community education, professional and volunteer training, referrals to shelters and other resources are available only to residents of Cook County.*

The Pillars Community Services⁷⁸

LaGrange Park, IL 60526

Hotline: 708-698-5500 ext. 203

TTY Hotline: 708-698-5090

Services: Offers a 24/7 hotline, a domestic violence shelter, crisis intervention, case management, individual, family & group therapy, legal and medical advocacy, onsite healthcare referrals for shelter residents, links to ongoing social support and community education and prevention.

YWCA Patterson and McDaniel Family Center⁷⁹

2055 West Army Trail Road Suite 140
Addison, IL 60101
630-790-6600

Hours: Monday-Thursday 8 a.m. – 3 pm

Services: Sexual Violence & Support Services, Early Childhood Services, Economic Empowerment Services

76 metrofamily.org/FSSofMFSD

77 mujereslatinassenaccion.org

78 pillarscommunityhealth.org

79 ywcachicago.org/about/locations

10. Education Resources

College of DuPage - High School Equivalency (GED/HSE)⁸⁰

Adult Education and ELA Office
425 Fawell Blvd.
Glen Ellyn, IL 60137
Student Resource Center (SRC), Room 1110
630-942-3697

Hours: Monday and Tuesday 8 a.m. – 7 p.m.
Wednesday through Friday 8 a.m. – 5 p.m.

Services: Free high school equivalency course for individuals that lack a high school diploma and need to prepare to earn a high school equivalency certificate.

Eligibility: All students will be required to take a placement test prior to starting their high school equivalency classes and fill out a High School Equivalency & ICAPS Interest Form online.

College of DuPage Lifelong Learning Program⁸¹

Continuing Education
Student Resource Center (SRC), Room 1110
630-942-2208

Services: Provides courses, workshops, seminars, and lectures designed for adults 55 and older in a wide range of topics at a reduced cost. Online registration required.
Eligibility: These classes are for adults of any age, but reduced cost if only for learners age 55 and older. Admission is open to anyone who is a high school graduate, has earned a GED or is at least 18-years-old and can benefit from college-level instruction.

Downers Grove Public Library - Brainfuse⁸²

Online Tutoring Resource

Hours: Everyday 2 p.m. – 11 p.m.

Services: Offers online live tutoring, a writing lab, Skillsurfer skill builder, a language lab, study resources and a virtual study room meeting space. Also has an adult learner section that offers online resume help, career resources, Microsoft Office help, as well as preparation for both the High School Equivalency and the US Citizenship test.

80 cod.edu/academics/continuing-education/adult-education/high-school-equivalency.aspx

81 cod.edu/academics/continuing-education/lifelong-learning/index.aspx

82 brainfuse.com/highed/helpNow.asp?a_id=E003290A&ss=&r=

People's Resource Center - Adult Learning & Literacy⁸³

201 S Naperville Road
Wheaton, IL 60187
630-682-5402

Hours: Monday – Thursday 8a.m. – 9p.m.

Friday: 8 a.m. – 4p.m.

Saturday 8 a.m. – noon

Monday – Friday: Closed daily from noon – 12:30p.m.

Services: English Language Learner and High School Equivalency preparation. Tutors assist with US citizenship preparation, the English Language Learner program, High School Equivalency preparation and help students attain basic computer skills and a level of digital literacy. Classes are currently held remotely due to COVID.

Eligibility: Must be a client of PRC to access these services.

Khan Academy⁸⁴

Online Educational Resources

Services: Free online educational courses for grades Pre-k through college and beyond. Course topics include math, science, computing, economics, arts and humanities, reading and language arts, life skills and test preparation. There are also supplemental resources for teachers as well.

Literacy DuPage⁸⁵

2100 Manchester Road
Building B, Suite 904
Wheaton, IL 60187
630-488-4111

Hours: Monday – Friday 9 a.m. – 5 p.m.

Services: Offers free English tutoring for adults and trains volunteers to teach basic English to adult learners.

83 peoplesrc.org/adult-learning-literacy

84 khanacademy.org

85 literacydupage.org/learn-english

II. General Financial Resources

Catholic Charities Diocese of Joliet⁸⁶

3130 Finley Road Suite 520
Downers Grove, IL 60515
630-495-8008

Hours: Monday – Friday 8:30 a.m. – 4:30 p.m., Closed noon – 1 p.m.

Clothing vouchers, Food Vouchers, Household Goods Vouchers, Prescription Expense Assistance, Rental Deposit Assistance, Transportation Passes

Eligibility: Must be living within DuPage county. Meet income guidelines.

Notes: Call to request services and complete a phone intake interview. Staff will call back for further program screening if applicable. An appointment may be scheduled to complete an application. Documentation required: photo ID, Social Security card, proof of income and assets, verification of current residence or living situation

DuPage County Community Services⁸⁷

421 North County Farm Road- 3rd Floor
Wheaton, IL 60187
630-407-6500

Hours: Monday – Friday 8 a.m. – 4:30 p.m.

Electric Service Payment Assistance & Gas Service Payment Assistance

Eligibility: Must be a DuPage resident. Total gross household income may not exceed 150% of poverty. Applicant must be a customer of record with utility company.

Applicant must submit complete documentation of income, social security cards for all household members, utility bills, and lease.

1. Call DuPage County Community Services to speak with intake and referral or contact your local township office for an appointment
2. A phone intake will be finished to determine program eligibility
3. If eligible, an appointment will be provided
4. Applicant will need to provide all required documents at the time of appointment:
 - a. Social security cards for all household members
 - b. Proof of income for all household members for past 30 days
 - c. Current electric / gas bill
 - d. If applicable, current rental contract

86 catholiccharitiesjoliet.org

87 dupagecounty.gov/servicesbyfunction.aspx?tid=558

Illinois Department of Veterans Affairs – DuPage County⁸⁸

421 North County Farm Road
Room 2600-A
Wheaton, IL 60187
630-690-9449

Hours: Monday – Friday 8 a.m. – noon, 1 p.m. – 4 p.m.

Services: An annual one-time emergency assistance program designed to help veterans that find themselves in need of financial assistance, individuals must apply to receive assistance. Services include mortgage or rent payments, utility payments, emergency medical prescription, VA medical transportation needs, burial expenses, work or home related expenses, food/family essentials and auto expenses.

People’s Resource Center - Wheaton⁸⁹

201 S Naperville Rd
Wheaton, IL 60187
630-682-5402

Hours: Monday – Friday 8 a.m. – 4 p.m.

Saturday 8 a.m. – noon

Adult basic education, clothing, computer and related technology classes, employment preparation, food pantries, food stamps/ SNAP applications, rental deposit assistance, rent payment assistance

Eligibility: Must be a PRC client and a DuPage County Resident. Complete intake in person during food pantry hours and fill out their intake form.

Food Pantry hours: Tuesday: 9 a.m. – 11 a.m.

Wednesday: 5 p.m. – 7:30 p.m.

Thursday: 9 a.m. – 11 a.m.

Saturday: 9 a.m. – 11 a.m.

Saint Joseph Parish⁹⁰

4824 Highland Avenue
Downers Grove, IL 60515
630-964-0216

Hours: Thursday 8:15 a.m. – 10:30 a.m.

Services: Provides food, clothing and financial assistance with rent, medical bills and utilities.

Eligibility: Bring utility bill and ID. Serves Downers Grove and Woodridge east of I-355.

88 dupagecounty.gov/vac

89 peoplesrc.org

90 stjosephdg.org/events/st-vincent-de-paul-weekly-food-pantry

12. Government Funded Resources

Application for Benefits Eligibility⁹¹

Helpline: 1-800-843-6154
1-866-324-5553 TTY

Services: Assess the level of need and eligibility for several programs: food, healthcare, medicare, cash assistance, and support programs. Many sites and programs use this site to assess the needs of clients.

Child and Adult Care Food Program (CACFP) (Child Nutrition)⁹²

Nutrition Department, Illinois State Board of Education
100 North First Street, W-270
Springfield, IL 62777-0001
217-782-2491

Toll free in Illinois: 800-545-7892

Fax: 217-524-6124

Mark R. Haller, Director
cnp@isbe.net

Services: The Child and Adult Care Food Program (CACFP) includes three totally different programs for participants: Public, non-profit, and for-profit, nonresidential child care centers; Head Start/Early Head Start centers; preschool programs, before- and after-school hours programs; after-school programs in low income areas; and emergency shelters. This part of the program is referred to as child care centers, Child Care Institutions, Public and non-profit institutions sponsoring family day care homes, Family Day Care Homes

The adult care portion of the CACFP is not administered by the Illinois State Board of Education. Please contact the Illinois Department on Aging at 217-782-2407 for more information on the adult portion of the program.

Child Care Assistance Program (CCAP)⁹³

1-800-843-6154
1-866-324-5553 TTY

Services: Information and resources needed to find and select the best child care for a child.

91 abe.illinois.gov/abe/access

92 isbe.net/cacfp

93 dhs.state.il.us/page.aspx?item=30355

Child Care Resource and Referral (CCR&R) Agencies⁹⁴

1226 Towanda Plaza
Bloomington, IL 61701
866-697-8278
info@inccrra.org

Office Hours: Monday – Friday 8 am – 4 pm

Services: Connect and coordinate programs and services for young children and their families. CCR&R's manage the application and information for families to receive child care assistance (CCAP) allowing them to work and/or go to school while their children have access to quality early care and education. CCR&R's enhance the professional development of individual child care practitioners, improve program quality, and improve the quality of care given to children.

IDHFS All Kids⁹⁵

All Kids Hotline: 1-866-ALL-KIDS (1-866-255-5437)
TTY: 1-877-204-1012

Services: All Kids is complete health insurance for your child. All Kids covers doctor visits, hospital stays, prescription drugs, vision care, dental care, and eyeglasses. All Kids covers regular check-ups and immunizations (shots). All Kids also covers special services like medical equipment, speech therapy, and physical therapy for children who need them.

Social Security Administration⁹⁶

320 W Lake Street
Bloomington, IL 60108
877-845-1577

Hours: Monday – Friday 9 a.m. – 4p.m.

Services: Online services, Social security, number and card, change name, and social security statements

Eligibility: Retired, have a disability, on Medicare, a survivor, has supplemental security income, no longer incarcerated, appealed a decision, a benefits planner, receiving benefits outside the US, check application or appeal status, receives extra assistance with Medicare and prescription drugs, has plan costs, researched the benefits you may be due, has spouse child or children with disabilities, and has ticket to work.

94 inccrra.org/about/sdasearch

95 www2.illinois.gov/hfs/MedicalPrograms/AllKids/Pages/about.aspx

96 ssa.gov

Social Security Administration⁹⁷

7440 Providence Dr.
Woodridge, IL 60517
866-303-2724

Hours: Monday – Friday 9 a.m. – 4 p.m.

Services: Online Services, Social security number and card, change name, and social security statement

Eligibility: Retired, have a disability, on Medicare, a survivor, has supplemental security income, no longer incarcerated, appealed a decision, benefits planner, receiving benefits outside the UA, checked application or appeal status, receives extra assistance with Medicare and prescription drugs, has plan costs, researched the benefits you may be due, has spouse children or children with disabilities, and has ticket to work.

Supplemental Nutrition Assistance Program - (SNAP)⁹⁸

1-800-843-6154
TTY 1-866-324-5553

Services: Provides funds for low-income people and families to buy the food they need for good health.

Benefits are provided on the Illinois Link Card - an electronic card that is accepted at most grocery stores. The program is managed by the Food and Nutrition Service (FNS) of the United States Department of Agriculture. The Department of Human Services administers the program in Illinois.

Temporary Assistance for Needy Families (TANF)⁹⁹

1-800-843-6154
1-866-324-5553 TTY

Services: Provides temporary financial assistance for pregnant women and families with one or more dependent children. TANF provides financial assistance to help pay for food, shelter, utilities, and expenses other than medical.

Women, Infants, and Children (WIC)¹⁰⁰

1-800-843-6154
1-866-324-5553 TTY

Services: WIC is a food assistance program for Women, Infants, and Children. It helps pregnant women, new mothers and young children eat well and stay healthy.

97 ssa.gov

98 dhs.state.il.us/page.aspx?item=30357

99 dhs.state.il.us/page.aspx?item=30358

100 dhs.state.il.us/page.aspx?item=30513



13. Healthcare Resources

Access Health Center¹⁰¹

1700 75th St,
Downers Grove, IL 60516
630-964-0000

Hours: Monday- Friday: 8 a.m. – 7 p.m.
Saturday: 9 a.m. – 5 p.m.
Sun: Closed

Services: Women’s health clinic that provides ultrasounds, birth-control, pregnancy testing, pregnancy termination, family planning, STD testing, and surgical or medical abortion.

Eligibility: Accepts most insurance plans. It is best to contact the office with questions regarding cost. They accept cash and credit cards (Visa, MasterCard, and American Express) and Care Credit.

Advocate Clinic Walgreens¹⁰²

1000 Ogden Ave
Downers Grove, IL 60515
800-323-8622

Hours: Monday, Wednesday, Friday: 9 a.m. – 7 p.m.
Tuesday, Thursday: 9:30 a.m. – 7 p.m.
Saturday: 9 a.m. – 4 p.m.

Services: Provides urgent care to avoid a trip to the emergency department. Treatment of minor illnesses, screenings, immunizations, annual physicals and COVID testing.

Eligibility: Accepts cash, credit cards and most insurance plans. Please have an insurance card at the time of visit.

101 accesshealthcenter.net

102 care.advocatehealth.com/locations/advocate-clinic-at-walgreens-downers-grove-ogden-ave

Advocate Medical Group Primary Care - Internal Medicine¹⁰³

3825 Highland Ave Tower 1 Suite 5B
Downers Grove, IL 60515
630-963-9667

Hours: Monday, Wednesday, Thursday: 9 a.m. – 7 p.m.

Tuesday: 9 a.m. – 5 p.m.

Friday: 9 a.m. – 4 p.m.

Saturday: 9 a.m. – 1 p.m.

Services: Primary care, Pediatrics and OB GYN. Services include annual physical exams, disease preventative care, care for chronic disease, patient education and referrals to specialists.

Eligibility: Most insurance is accepted, bring an insurance card to the appointment. If you do not have health insurance you can apply for Advocate Financial Assistance or Government funding.

Behavioral Health Crisis Intervention Unit¹⁰⁴

115 N County Farm Road
Wheaton IL 60187
630-627-1700

Hours: Open 24/7, 365 days a year.

Services: 12 bed unit that provides short-term psychiatric stabilization to DuPage County residents. Psychiatric evaluation, Integrated Assessment and Treatment Planning, Case Management, and Group and Individual Therapy regardless of insurance or ability to pay.

DHS Department of Health and Human Services- Family Community Research Center in DuPage County¹⁰⁵

1717 Park St #105
Naperville, IL 60563
630-328-1000

Hours: Monday – Thursday 8 a.m. – 5 p.m.

Friday 8 a.m. – 3 p.m.

Services: Health and medical programs, cash, child care programs, customer service, disability & rehabilitation programs, food programs, housing programs, pregnancy & parenting programs, violence & abuse prevention programs, youth service programs, & services and programs by division

103 care.advocatehealth.com/locations/amg-internal-medicine-downers-grove-highland-ave

104 dupagehealth.org/183/Crisis-Services

105 dhs.state.il.us/page.aspx?item=29734

DuPage County Health Department - Central Public Health Center¹⁰⁶

111 N County Farm Rd
Wheaton, IL 60187
630-682-7400

Hours: Monday, Wednesday, Friday 8 a.m. – 4:30 p.m.
Tuesday, Thursday: 8 a.m. – 7 p.m.

Services: Adult and children’s mental health services, better birth outcomes, dental services, family case management, healthy families, HIV prevention program, immunization services, ability to pay bill in person, pharmacy, refugee health services, Sexually Transmitted Disease (STD) program and Women, Infants & Children (WIC) assistance. Most health insurance plans are accepted, [check online](#)¹⁰⁷.

DuPage County Health Department - East Public Health Center¹⁰⁸

1111 East Jackson Street
Lombard, IL 60148
630-682-7400

Hours: Monday, Wednesday, Friday 8 a.m. – 4:30 p.m.
Tuesday, Thursday: 8 a.m. – 7 p.m.

Services: Adult and children’s mental health services, better birth outcomes, dental services, family case management, great beginnings prenatal clinic, healthy families, immunization services, OBGYN care, Women, Infants & Children (WIC) assistance and ability to pay bills in person. Most health insurance plans are accepted, check online at footnote 59.

DuPage County Health Department - North Public Health Center¹⁰⁹

1111 West Lake Street
Addison, IL 60101
630-682-7400

Hours: Monday, Wednesday, Friday 8 a.m. – 4:30 p.m.
Tuesday, Thursday: 8 a.m. – 7 p.m.

Services: Provides affordable medical and behavioral health, dental, community education, birth and death certificates, and food service permits. Services also include Narcan distribution as part of the DuPage Narcan Program. Most health insurance plans are accepted, check online at footnote 59.

106 dupagehealth.org/Facilities/Facility/Details/Central-Public-Health-Center-1

107 dupagehealth.org/164/Insurance-We-Accept

108 dupagehealth.org/Facilities/Facility/Details/East-Public-Health-Center-2

109 dupagehealth.org/Facilities/Facility/Details/East-Public-Health-Center-2

DuPage County Health Department - Public Health Center¹¹⁰

245 W Roosevelt Rd Building 14, Suite 146
West Chicago, IL 60185
630-682-7400

Hours: Monday, Wednesday, Friday 8 a.m. – 4:30 p.m.
Tuesday, Thursday: 8 a.m. – 7 p.m.

Services: Better birth outcomes, family case management, healthy families, Women, Infants & Children (WIC) assistance. Most health insurance plans are accepted, check online at footnote 59.

DuPage County Health Department - Southeast Public Health Center¹¹¹

422 N Cass Ave
Westmont, IL 60559
630-682-7400

Hours: Monday, Wednesday, Friday 8 a.m. – 4:30 p.m.
Tuesday, Thursday: 8 a.m. – 7 p.m.

Services: Adult and children's mental health services, AMITA family health residency program, better birth outcomes, family case management, great beginnings prenatal clinic, healthy families, HIV prevention program, immunization services, OBGYN care, primary care, sexually transmitted disease (STD) program, Women, Infants & Children (WIC) assistance and ability to pay bill in person. Most health insurance plans are accepted, check online at footnote 59.

Midwest Express Clinic¹¹²

40 75th Street
Willowbrook, IL 60527
630-581-5372

Hours: Monday – Friday 8 a.m. – 8 p.m.
Saturday – Sunday 8 a.m. – 8p.m.

Services: Walk-in clinic that provides services for illnesses, injuries, minor medical procedures, skin and rashes, chronic and preventative care, pediatrics, sexual health, physicals, diagnostic testing and imaging, shots and immunizations, lab testing and COVID-19. No appointment necessary
Must bring insurance care and ID card for visit. If you have secondary insurance, bring that as well. Co-pay for the visit is dependent on your insurance carrier. If you don't have insurance they offer low self-pay rates for all procedures and services.

110 dupagehealth.org/Facilities/Facility/Details/West-Chicago-Public-Health-Center-5

111 dupagehealth.org/Facilities/Facility/Details/Southeast-Public-Health-Center-3

112 midwestexpressclinic.com/locations/willowbrook-il/

VNA Health Care¹¹³

400 N Highland Avenue
Aurora, IL 60506
630-892-4355

Hours: Monday – Thursday: 8 a.m. – 8 p.m.

Friday – Sunday: 8 a.m. – 4 p.m.

Services: Provides high-quality, affordable health care for patients with Medicaid, Medicare, private insurance or no insurance at all. If you don't have insurance, you may qualify for a discount based on income and family size.



14. Immigration/ Refugee Resources

Catholic Charities Diocese of Joliet- Immigrant Support Program¹¹⁴

3130 Finley Rd., Suite 520

Downers Grove, IL 60515

Phone: 630-495-8008

Fax: 630-495-9854

Services: The Immigrant Support Program provides advocacy, support, and community outreach for individuals who need emergency services and immigration related support. Participating individuals are connected with community resources that work on behalf of the immigrant population. The program also works to provide training and educational support to local churches and other community groups regarding immigration-related information.

Centro de Información y Progreso¹¹⁵

2380 Glendale Terrace #8,

Hanover Park, IL 60133

630-550-5131

Services: provides support and assistance to Spanish-speaking families and individuals. Services include crisis intervention, health clinics, translation, English as a Second Language (ESL) classes, employment services, and linkage to community services and public benefits.

Illinois Coalition for Immigrant and Refugee Rights (ICIRR)¹¹⁶

55 E. Jackson Blvd.

Chicago, IL 60604

312-332-7360

Family Support Hotline: 855-435-7693

Services: Provides resources and referrals to advocate on immigrant-related issues. Educates and organizes immigrant and refugee communities to assert their rights. Promotes citizenship and civic participation. Informs the general public about the contributions of immigrants and refugees.

114 catholiccharitiesjoliet.org/services/community-services

115 centrodeinformacion.org/en/

116 icirr.org

Immigrant Solidarity DuPage¹¹⁷

311 S Naperville Rd Suite C
Wheaton, IL 60187
630-518-5390

Hours: Monday-Saturday 8 a.m. – 7 p.m.

Services: Provides an array of services for education, and wellness. They also have several committees geared towards education and advocacy for latino communities in Dupage County

Southwest Suburban Immigrant Project¹¹⁸

101 Royce Rd #12
Bolingbrook, IL 60440
630-296-6755

Services: The southwest suburban immigrant project is a social impact organization committed to community organizing for the rights of immigrants in Chicago's southwest suburbs through education, civic engagement, and advocacy.

World Relief DuPage¹¹⁹

191 S. Gary Ave. #130
Carol Stream, IL 60188
630-462-7566

Hours: Monday, Tuesday, Thursday, & Friday: 8:30 a.m. – 5 p.m.

Wednesday: 8:30 a.m. – Noon

Services: Help rehouse refugee and immigrant families and help integrate them into the community and workforce. World relief has different career opportunities, as well as volunteer and internship opportunities.

117 immigrantsolidarityofdupage.org/?language=en

118 ssipchicago.org/

119 worldrelief.org/chicagoland

15. Legal Resources

Community Christian Church - Administer Justice Center¹²⁰

3910 Highland Avenue
Downers Grove, IL 60515
855-818-4554
amyplummer@communitychristian.org

Hours: Every third Saturday 9 a.m.- Noon

Services: Individuals can come and consult with an attorney and receive guidance and clarity about their current legal situation. The attorney is not able to represent the individual in court, they can only help navigate and understand the individual's unique legal situation. Participants are asked to bring all legal paperwork that they wish to discuss to each meeting.

There is a one time co-pay of \$30 and though appointments are preferred, can be made online or over the phone, walk-ins are also welcome.

DuPage County Bar Association (DCBA) Lawyer Referral Service¹²¹

126 South County Farm Road
Wheaton, IL 60187-4597
630-653-9109

Hours: Monday – Friday 9 a.m. – 4:30 p.m.

Services: Provides referrals to a variety of attorneys depending on the legal need.

Note: Attorneys offer a free consultation but payment is required to receive services.

DuPage Legal Aid¹²²

126 South County Farm Road
Wheaton, IL 60187
630-653-6212

Hours: Monday- Friday 8:30 a.m. – 5 p.m.

Services: A staff attorney or volunteer lawyer will assist in free legal counsel.

Must complete an in-person or phone screening to be evaluated for eligibility for services.

120 communitychristian.org/communitycares/justice-center-at-community

121 dcba.org/page/FindLawyer

122 dupagelegalaid.org/how-we-can-help.html

Eviction Help IL¹²³

855-631-0811

Text: 844-938-4280

Services: Eviction Help Illinois offers free legal help for Illinois residents. For renters facing eviction and landlords looking for legal information.

Free Legal Answers (American Bar Association)¹²⁴

Services: An online service that provides a free legal advice clinic in which qualifying users post civil legal questions to be answered by pro bono attorneys licensed in their state. Question topics include Family, Divorce, Custody, Housing, Eviction, Homelessness, Consumer Rights, Financial, Work, Employment, Unemployment, Health and Disability, Civil Rights, Income Maintenance, Juvenile and Education Law.

Legal Ease Law Clinic¹²⁵

1979 N. Mill Street, Suite 107

Naperville, Illinois 60563

630-447-5733

Hours: Monday-Friday 9 a.m. – 5 p.m.

Services: Nonprofit Illinois law firm for Family Law, Immigration, and Misdemeanor Defense in DuPage County that offers free initial consultations and a sliding scale to establish an hourly fee afterwards.

Law Help¹²⁶

Services: An online resource that provides referrals to local legal aid and public interest law offices, basic information about legal rights, court forms, self-help information, court information, links to social service agencies, and more in Illinois.

Law Help Interactive¹²⁷

Services: An online resource that can assist individuals in identifying and filling out self-help and professional legal forms.

Illinois Legal Aid Online¹²⁸

Services: Online resource that simplifies the law so that people can seek justice and resolve their problems, especially those from historically oppressed communities and groups

123 evictionhelpillinois.org

124 abafreelegalanswers.org

125 lelawclinic.org/about

126 lawhelp.org

127 lawhelpinteractive.org

128 illinoislegalaid.org

Pearson Disability Law, LLC¹²⁹

1431 Opus Place, Suite 110
Downers Grove, IL 60515
630-796-4594

Services: Include helping individuals who are unable to work gain approval for Social Security Disability benefits at every stage of application even after a denied application. Also offer clarification on Social Security Benefit types and what qualifies an individual for disability aid.

Service area: Serve clients throughout Illinois including Peoria, Springfield, Decatur, Joliet, Wheaton, Rockford, Waukegan, Crystal Lake, McHenry County, Cook County, DuPage County, Will County, Kendall County, Kane County, Whiteside County, Lee County and DeKalb County. Call for a free consultation.

Prairie State Legal Services¹³⁰

31W001 East North Avenue Suite 200
West Chicago, IL 60185
630- 690-2130
800- 690-2130

Services: Prairie State Legal Services offers free legal services for low-income persons and those age 60 and over who have serious civil legal problems and need legal help to solve them.

To locate a therapist near you use GoodTherapy.org

129 disabilitylawyerschicago.com/about-firm

130 pslegal.org/history



16. Mental Health Resources

Center for Creative Arts Therapy¹³¹

4336 Saratoga Ave. Floor 2
Downers Grove, IL 60515
847-477-8244

Hours: Monday – Thursday 9 a.m. – 9p.m.
Friday 9 a.m. – 3p.m.
Saturday, Sunday 9 a.m. – 4 p.m.

Services: Includes Music, Drama, Dance, Art Therapy, General Counseling, Support Groups, Psychotherapy Services, Individual Counseling, Couples & Family Therapy, Community Outreach & Support, Professional Development & Creative CEUs,
*Teletherapy & Online Trainings Children, Couples, Families, Teens, & Adults

DuPage County Health Department - Behavioral Health Services¹³²

111 N County Farm Rd
Wheaton, IL 60187

For Intake Appointment: 630-682-7400 (english and spanish)
Community Health Worker: 630-682-7400

Hours: Monday – Friday, 8 a.m. – 4:30 p.m.

Services: Provides a range of levels of care for DuPage County residents that are struggling with emotional or behavioral health concerns.

DuPage County Forensic Science Center¹³³

501 N. County Farm Rd
Wheaton, IL 60187
(First floor of the DuPage County Court House)
630-407-6400

Provides assessment and treatment for those who have mental health and/or substance use treatment needs and are involved in the criminal justice system.

131 c4creativeartstherapy.com

132 dupagehealth.org/172/Behavioral-Health

133 dupageforensics.org/serv_contact.htm

DuPage County Health Department Southeast Public Health Center¹³⁴

422 N. Cass Ave.
Westmont, IL 60559
630-682-7400

Hours: Monday, Wednesday, Friday, 8 a.m. – 4:30p.m.
Tuesday, Thursday 8 a.m. – 7p.m.
Saturday, Sunday Closed

Services: Adult Mental Health Services, AMITA Health Family Residency, Program Better Birth Outcomes, Children’s Mental Health Services, Family Case Management, Great Beginnings Prenatal Clinic, Healthy Families, HIV Prevention Program, Immunization Services, Obgyn Care, Pay Bill in Prison, Primary Care, Sexually Transmitted Disease (STD) Program, Women Infants & Children (WIC) Affordable medical & behavioral health, Dental, Community Education, Birth & Death Certificates, & Food Service Permits Infants, Children, Adults, & Families

Linden Oaks Behavioral Health¹³⁵

3329 75th St
Woodridge, IL 60517
630-305-5118

Hours: 24/7

Services: Behavioral Health Services, Counseling, & Medication Management

134 dupagehealth.org

135 eehealth.org/locations/woodridge/linden-oaks-medical-group-woodridge

National Alliance on Mental Health (NAMI)¹³⁶

115 N County Farm Rd
Wheaton, IL 60187
630-752-0066

Services are provided online and held via Zoom, register online.

NAMI DuPage provides services for individuals living with a mental illness diagnosis living in Dupage County. Including support groups:

- **Dual Diagnosis Support Group**
A support group for those who have a mental health diagnosis and a substance use disorder simultaneously.
- **Family Support Groups**
Support groups for family members and friends of individuals diagnosed with a mental illness.
- **Individual Support Groups**
Support Groups for individuals who have a mental illness diagnosis and for adults (age 18+) who are a part of the LGBTQ+.
- **Spouse/Partner Support Group**
Support groups for the spouse, significant other, or partner of an individual diagnosed with a mental illness.
- **Suicide Loss Connections**
A support group for individuals who have lost a loved one to suicide.

Includes mental illness education classes:

- **Mental Health First Aid**
Mental Health First Aid USA is an evidence based class designed to help support an individual who may be experiencing a Mental Health Crisis or Substance use disorders.
- **WRAP (Wellness Recovery Action Plan)**
NAMI DuPage is pleased to offer the 8-week WRAP (Wellness Recovery Action Plan) to individuals with mental illnesses. Through WRAP you will develop a comprehensive, personalized and strengths-based plan to help you achieve your recovery goals, manage symptoms yourself, and improve your quality of life.

136 namidupage.org/services-and-support/overview-of-services

Samara Care¹³⁷

1112 Warren Ave. Suite #160
Downers Grove, IL 60515
630-357-2456

Hours: Monday – Friday 8 a.m. – 5 p.m.
Saturday, Sunday Closed

Services: Mental Health Evaluations, Counseling, Children, Teens, Adults, Couples, Family, Seniors, Premarital Program, Talks, & Workshops, Psychological Assessment & Testing, & Mental Health Ministry Development, Children, Teens, Adults, Couples, Families, & Seniors

Woodridge Interventions - Abraxas Youth & Family Services¹³⁸

2221 64th St.
Woodridge, IL 60517
630-968-6477

Hours: Monday – Sunday 7a.m.-12a.m.

Services: Residential Treatment Programs for adolescents and adults, A step-down recovery home for older teens, Outpatient Treatment Services, & Educational, Recreational, & Family Services Youth, Adults, & Families

137 samaracarecounseling.org

138 woodridgeinterventions.org

17. Parent Resources

Child and Adult Care Food Program (CACFP) (Child Nutrition)¹³⁹

Nutrition Department, Illinois State Board of Education
100 North First Street, W-270
Springfield, IL 62777-0001
Phone: 217-782-2491
Toll free in Illinois: 800-545-7892
Fax: 217-524-6124

Mark R. Haller, Director
cnp@isbe.net

Services: The Child and Adult Care Food Program (CACFP) includes three totally different programs for participants: Public, non-profit, and for-profit, nonresidential child care centers; Head Start/Early Head Start centers; preschool programs, before- and after-school hours programs; after-school programs in low income areas; and emergency shelters. This part of the program is referred to as child care centers, Child Care Institutions, Public and non-profit institutions sponsoring family day care homes, Family Day Care Homes

The adult care portion of the CACFP is not administered by the Illinois State Board of Education. Please contact the Illinois Department on Aging at 217-782-2407 for more information on the adult portion of the program.

Child Care Assistance Program (CCAP)¹⁴⁰

1-800-843-6154
1-866-324-5553 TTY

Services: information and resources needed to find and select the best child care for a child.

139 isbe.net/cacfp

140 dhs.state.il.us/page.aspx?item=30355

Child Care Resource and Referral (CCR&R) Agencies¹⁴¹

1226 Towanda Plaza
Bloomington, IL 61701
866-697-8278

info@inccrra.org

Office Hours: Monday – Friday 8 am – 4 pm

Services: Connect and coordinate programs and services for young children and their families. CCR&R's manage the application and information for families to receive child care assistance (CCAP) allowing them to work and/or go to school while their children have access to quality early care and education. CCR&R's enhance the professional development of individual child care practitioners, improve program quality, and improve the quality of care given to children.

Downers Grove Park District: Lincoln Learning Center¹⁴²

935 Maple Avenue
Downers Grove, IL 60515
630-960-7500

Hours: Monday – Friday 9 a.m. – 4 p.m.

Saturday, Sunday Closed

Careers, Volunteer, Bids & Proposals, Donations, Advertising, Sponsorship, & Youth License Plate

Children, Adolescents, Adults, & Seniors

DuPage County Family Center¹⁴³

422 N. County Farm Rd.
Wheaton, IL 60187
630-407-2450

familycenter@dupage.org

Hours: Monday, Tue. 8:30 a.m. – 5 p.m.

Wednesday-Friday 8:30 a.m. – 9 p.m.

Saturday 8 a.m. – 12:30 p.m.

Sunday 3 p.m. – 8 p.m.

Mediation, Neutral Exchange, Parent Education (English & Spanish), Parenting Resources, PEACE Program, Supervised Parenting Time, & Transitional Exchange Businesses, Citizens/Voters, Families, Persons w/Disabilities, Seniors, Tax Payer/Homeowner, & Veteran/Military

141 inccrra.org/about/sdasearch

142 dgparks.org/lincoln-learning-center-parent-resources

143 <https://www.dupagecounty.gov/familycenter/>

IDHFS All Kids¹⁴⁴

All Kids Hotline 1-866-ALL-KIDS (1-866-255-5437)

TTY: 1-877-204-1012

Services: All Kids is complete health insurance for your child. All Kids covers doctor visits, hospital stays, prescription drugs, vision care, dental care, and eyeglasses. All Kids covers regular check-ups and immunizations (shots). All Kids also covers special services like medical equipment, speech therapy, and physical therapy for children who need them.

National Alliance on Mental Health (NAMI)¹⁴⁵

115 N County Farm Rd

Wheaton, IL 60187

630-752-0066

Services provided online and held via Zoom, register online.

For Support Groups and Education classes for parents and family members who have a child or family member with a mental illness.

- **Family Support Groups**

Support groups for family members and friends of individuals diagnosed with a mental illness.

- **Parent Support Groups**

Support groups for individuals who are parents to children (18 & under) who have a mental illness

- **Suicide Loss Connections**

A support group for individuals who have lost a loved one to suicide.

- **NAMI Basics**

NAMI Basics is a free, six week course for parents and caregivers who have a child in High School or younger (generally under the age 18) affected by a mental illness. Diagnoses discussed in the class include: childhood onset of bipolar disorder, childhood onset of schizophrenia, depression, ADD, ADHD, anxiety disorders, OCD and eating disorders. Trained family members, who have firsthand experience with the rewards and challenges of raising children with mental illnesses volunteer to teach Basics.

- **NAMI Family-to-Family**

Family-to-Family is a free 8-week educational course designed specifically for adult family members (18+) and others who have adult loved ones (18+) with a mental illness.

The course is taught by other family members who have received intensive training for its presentation.

144 www2.illinois.gov/hfs/MedicalPrograms/AllKids/Pages/about.aspx

145 namidupage.org/services-and-support/overview-of-services

Parents Alliance Employment Project¹⁴⁶

2525 Cabot Dr. Suite 302
Lisle, IL 60532
630-955-2075

Career Counseling, Job Training & Preparation, Job Development & Placement, Job Coaching & Support Services
Individuals w/ Developmental Disabilities (Cognitive, Mental & Physical, 18 yrs or older, Motivated to work & meet employer expectations, Able to achieve independence after additional training, able to provide transportation or learn public transportation, & connected to a third party sponsor such as IL Department of Human Services- Division of Rehabilitation Services (DHS-DRS)

Project HELP DuPage¹⁴⁷

1815 W. Diehl Rd Suite 900
Naperville, IL 60563
630-357-5683

Hours: Monday – Thrus. 9 a.m. – 3 p.m.
Friday – Saturday 9 a.m. – 1 p.m.

Services: Parent Mentor and Parent Education Classes

Supplemental Nutrition Assistance Program - (SNAP)¹⁴⁸

1-800-843-6154
TTY 1-866-324-5553

Services: Provides funds for low-income people and families to buy the food they need for good health.

Benefits are provided on the Illinois Link Card - an electronic card that is accepted at most grocery stores. The program is managed by the Food and Nutrition Service (FNS) of the United States Department of Agriculture. The Department of Human Services administers the program in Illinois.

Temporary Assistance for Needy Families (TANF)¹⁴⁹

1-800-843-6154
1-866-324-5553 TTY

Services: Provides temporary financial assistance for pregnant women and families with one or more dependent children. TANF provides financial assistance to help pay for food, shelter, utilities, and expenses other than medical.

146 parents-alliance.org/page/home

147 projecthelpdupage.org

148 dhs.state.il.us/page.aspx?item=30357

149 <https://www.dhs.state.il.us/page.aspx?item=30358>

Women, Infants, and Children (WIC)¹⁵⁰

1-800-843-6154

1-866-324-5553 TTY

Services: WIC is a food assistance program for Women, Infants, and Children. It helps pregnant women, new mothers and young children eat well and stay healthy.

150 dhs.state.il.us/page.aspx?item=30513



18. Senior Resources

AgeGuide - Northeastern Illinois Area Agency on Aging¹⁵¹

1910 S Highland Ave #100
Lombard, IL 60148
800-528-2000
630-293-5990

Hours: Monday – Friday 8:30 a.m. – 4:30 p.m.

Services: Guide to aging services including a tailored care assessment, COVID-19 resources for older adults as well as other aging resources to improve quality of life.

Alternatives for Seniors¹⁵²

26211 Central Park Blvd #512
Southfield, MI 48076
800-350-0770

Services: Online directory for locating senior services such as senior housing options in your area, nursing/rehab centers, home care, adult day centers, financial services, geriatric care managers, home delivered meals and more. There are also recorded videos on housing alternatives and online checklists to assist in the decision making process.

Alzheimer's Association¹⁵³

225 N. Michigan Ave. Floor 17
Chicago, IL 60601
24/7 Hotline: 800-272-3900

Services: Online tools, education materials, support groups and a 24/7 helpline for individuals living with dementia and their family members. All programs are currently held remotely via ZOOM.

Application for Benefits Eligibility¹⁵⁴

Helpline: 1-800-843-6154
TTY 1-866-324-5553

Services: Assess the level of need and eligibility for several programs: food, healthcare, medicare, cash assistance, and support programs. Many sites and programs use this site to assess the needs of clients.

151 ageguide.org

152 alternativesforseniors.com

153 alz.org/illinois?set=1

154 abe.illinois.gov/abe/access

College of DuPage Lifelong Learning Program¹⁵⁵

Continuing Education
Student Resource Center (SRC), Room 1110
630-942-2208

Services: Provides courses, workshops, seminars, and lectures designed for adults 55 and older in a wide range of topics at a reduced cost. Online registration required.

Eligibility: These classes are for adults of any age, but reduced cost if only for learners age 55 and older. Admission is open to anyone who is a high school graduate, has earned a GED or is at least 18-years-old and can benefit from college-level instruction.

Community Adult Day Center¹⁵⁶

4501 Main St
Downers Grove, IL 60515
630-968-1060

Hours: Monday – Friday 7:30 a.m. – 5:30 p.m.

Services: Adult day program that offers intellectual, sensory, social, recreational and physical activities. A Paid membership is required to participate.

Downers Grove Township Senior Services¹⁵⁷

4340 Prince St
Downers Grove, IL 60515
630-719-6670

Hours: Monday – Friday 8:30 a.m. – 4:30 p.m.

Services: Support and resources for seniors living in Downers Grove.

DuPage County Senior Services¹⁵⁸

Jack T. Knuepfer Administration Building
421 N. County Farm Road
Wheaton, IL 60187
630-407-6500
800-942-9412

Services: Online directory of programs and educational resources for seniors of DuPage County, ages 60 and older, that help facilitate an independent lifestyle. Some programs include home delivered meals, case management, residential repair and renovation and more.

155 cod.edu/academics/continuing-education/lifelong-learning/index.aspx

156 communityadulthoodcenter.org/what-we-offer

157 dgtownship.com/senior-services

158 dupagecounty.gov/seniorsvcs

DuPage Senior Citizens Council /Kane Senior Council¹⁵⁹

1990 Springer Dr
Lombard, IL 60148
630-620-0804

Hours: Monday – Friday 7:30 a.m. – 5:30 p.m.

Services: Services offered include a Meals on Wheels program, community dining opportunities, health & wellness education, well-being checks, pet care & food assistance, minor home repairs, contractor referrals, yard clean-ups, friendly visits and assistance, friendly phone calls, and intergenerational activities.

Esse Adult Day Services¹⁶⁰

Faith Lutheran Church
41 N. Park Blvd
Glen Ellyn, IL 60137
630-858-1005

Hours: Monday – Friday 7 a.m. – 5 p.m.

Services: Adult day center that offers cognitive and physical activities throughout the day, nurses on staff for medication administration, monthly wellness checks and care planning. Continental Breakfast and afternoon snacks are served as well as a nutritionally balanced hot meal for lunch.

Eligibility: Fees must be paid a month in advance and for qualified applicants, financial assistance is available through the State of Illinois Community Care Program (CCP). DuPage County Human Services located in Wheaton determines if individuals qualify. ESSE is contracted with the Veterans Administration, for financial assistance and eligibility please reach out to Edward Hines VA at 866-400-1238.

Illinois Department of Aging¹⁶¹

160 N LaSalle Dr
Chicago, IL 60601
800-252-8966

Hours: Monday – Friday 8:30 a.m. – 5 p.m.

Services: Helps older people find local aging resources in order to live independently in their own homes and community. Programs include but are not limited to benefit access, care coordination services, nutrition, legal assistance and more.

159 dupageseniorcouncil.org/services

160 esseadultdaycare.org/program-details.html

161 www2.illinois.gov/aging/Pages/default.aspx

Illinois Hospice and Palliative Care Organization¹⁶²

100 East Washington Street
Springfield, IL 62701
217-528-3434

Services: Online resource that provides families with information about hospice and palliative care services like where hospice can occur, insurance coverage and the different services that are provided in hospice. There is a hospice locator for Illinois.

Metropolitan Family Services¹⁶³

222 E. Willow Ave.
Wheaton, IL
630-784-4800

Hours: Monday – Friday 8:30 a.m. – 5 p.m.

Services: Senior counseling services and grandparents raising grandchildren support group.

Senior Health Insurance Program¹⁶⁴

800-252-8966
TTY 888-206-1327

Services: Provides free, confidential and objective insurance counseling to people on Medicare and their families regarding Medicare, Medicare supplement insurance, Medicare+Choice products and long term care insurance.

VA Benefits and Healthcare for Elderly Veterans¹⁶⁵

VA Benefits Hotline: 800-827-1000
VA Health Benefits Hotline: 877-222-8387

Hours: Monday through Friday, 8 a.m. to 9 p.m. Eastern Time

Services: Elderly Veterans may be eligible for a wide-variety of benefits available to all U.S. military Veterans including disability compensation, pension, education and training, health care, home loans, insurance, Veteran Readiness and Employment, and burial. Two VA programs provide certain elderly Veterans with an additional monetary amount if you are eligible for or receiving a VA Pension benefit including Aid and Attendance (A&A) and for Housebound elderly Veterans

Eligibility: Veterans can apply online or go to a VA regional office and have a VA employee assist you in applying.

162 il-hpco.org/about-us/mission-values/#about-us

163 metrofamily.org/community-centers/dupage/programs-and-services

164 www2.illinois.gov/aging/Pages/default.aspx

165 benefits.va.gov/persona/veteran-elderly.asp

19. Transportation Resources

DuPage County Community Services¹⁶⁶

421 North County Farm Road
Wheaton, IL 60187
630-407-6871
800-942-9712

RIDE DuPage:

Eligibility: Must be a Dupage resident 65 years or persons whose income is at or below 125% of the federal poverty guidelines, or persons with a disability whose income is at or below 200% of the federal poverty level. Low-income persons under the age 60 must have an income 125% or below the federal poverty guideline.

Eligible trips include: Dialysis, Chemotherapy, Cardiac/Pulmonary Rehabilitation, Doctor's appointments, Dentist appointments, Hospitals, DuPage County Community Services, and DuPage County Health Department and its Public Health Centers

In order to use this program the individual must be a registered rider, call DuPage County Community Services at 630-407-6500 to learn how to register.

Notes: Additional services include: financial assistance, justice/courts, license issuance, maps of DuPage, online forms, public safety, record services, taxes, voting & elections.

Hopes Front Door¹⁶⁷

1047 Curtiss Street
Downers Grove, IL 60515
630-322-9803

Hours: Monday, Wednesday, Thursday, Friday 10 a.m. – Noon

Eligibility: Residents of Darien, Downers Grove, Lisle, Westmont, Willowbrook & Woodridge in need of immediate assistance and help in searching for continued assistance. All clients must call Hope's Front Door (630-322-9803) to complete a phone intake process before coming to HFD to receive vouchers.

Modified services: Gas Vouchers, bus and train vouchers, prescription and medical supply assistance as well as prepackaged toiletry items, feminine hygiene products and diapers are still available. Pathways to Financial Health, Pathways to Employment, dental and vision assistance and workshops, will remain temporarily suspended due to Covid.

166 dupagecounty.gov/transplan

167 hopesfrontdoor.com

Special Needs Chicago Inc., Transportation Services¹⁶⁸

630-668-9999

Hours: Daily Midnight-11:30 p.m.

Eligibility: Must be a senior citizen or a person with disabilities.

Veterans Assistance Commission of DuPage County¹⁶⁹

421 N. County Farm Road

Wheaton, IL 60187

630-407-5655

Hours: Monday – Friday 8 a.m. – noon, 1 – 4 p.m.

Eligibility: Residents of DuPage county and veterans, or dependents of a veteran, with honorable discharge status. Must have 180 days of federal active duty and meet income criteria.

Notes: Located on the second floor. Call to complete a phone screen, or get an application online or by mail. Required documentation may include: DD214 Military Discharge papers, photo ID, household income documentation, marriage license, birth certificates (children ages 18) and proof of residency. Additional services include: gas money, gas service payments, auto insurance and auto payments, mortgage payments, emergency medical prescription, VA medical transportation needs, burial expenses, home or work related expenses, auto expenses, and food/family essentials.

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